



*"Lead, Develop and Promote Positive Lifelong Hockey Experiences"*

2018 Bantam A Female Tier 1  
**BC HOCKEY CHAMPIONSHIPS**  
Vancouver, B.C.  
March 21-25, 2018

Hosted by:  
Vancouver Female Ice Hockey Association (Vancouver Angels)





2018 Female Bantam Tier 1  
BC Hockey Championships  
March 20-25, 2018  
Vancouver, BC

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## Contact Information

### Host Association

Vancouver Female Ice Hockey Association  
7766 Kinross St  
Vancouver, BC V5S 3K2  
<http://vfiha.com>

### Tournament & Association Representative

James Nedila  
Tournament Committee Chair  
Mobile: 604-377-5772  
Email: [president@vfiha.com](mailto:president@vfiha.com)

Bruce Pollock  
Tournament Committee Rep  
Mobile: 604-992-1718  
Email: [coach@vfiha.com](mailto:coach@vfiha.com)

### BC Hockey Representative

TBD



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# General Championship Information

## Dates of Championship

Tuesday, March 20, 2018 (travel day)  
Wednesday, March 21, 2018 to Sunday, March 25, 2018

## Registration / Tournament Packages

Time/Date: 5:30 pm, Tuesday March 20, 2018  
Location: TBD, Vancouver, BC

## Team Banquet

Time/Date: 6 pm to 8 pm, Tuesday March 20, 2018  
Location: TBD, Vancouver, BC

## Coaches/Managers Meeting

Time/Date: 8 pm, Tuesday March 20, 2018  
Location: TBD, Vancouver, BC

## Opening & Closing Ceremonies

Opening Ceremonies: 6:15pm, Wednesday March 21, 2018, Trout Lake Arena  
Closing Ceremonies: Immediately following the championship game

## Rinks and Locations

Trout Lake Community Centre (Primary Rink)  
3360 Victoria Drive, Vancouver, BC

Killarney Community Centre  
6260 Killarney St, Vancouver, BC

Kitsilano Arena



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2690 Larch St, Vancouver, BC

Sunset Arena  
390 East 51st Avenue, Vancouver, BC

### **During the Event**

No admission fee is being charged

Program - \$5.00

50/50 will be in place

Clothing – Lobby of Trout Lake Arena. Sold by pre-order only.

Photography is available through TBD



## City of Vancouver



Vancouver is a vibrant & diverse city located at the heart of Metro Vancouver.

The City of Vancouver is consistently named as one of the top five worldwide cities for livability and quality of life, and has been acknowledged as the first city ranked among the top-ten of the world's most well-living cities for 5 consecutive years.

With its scenic views, mild climate, and friendly people, Vancouver is known around the world as both a popular tourist attraction and one of the best places to live.

Vancouver is also one of the most ethnically and linguistically diverse cities in Canada with 52 percent of the population speaking a first language other than English.

Vancouver has hosted many international conferences and events, including the 2010 Winter Olympics and 2010 Winter Paralympics, along with the 2015 FIFA Women's World Cup.





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There are many quintessential Vancouver activities available, including:

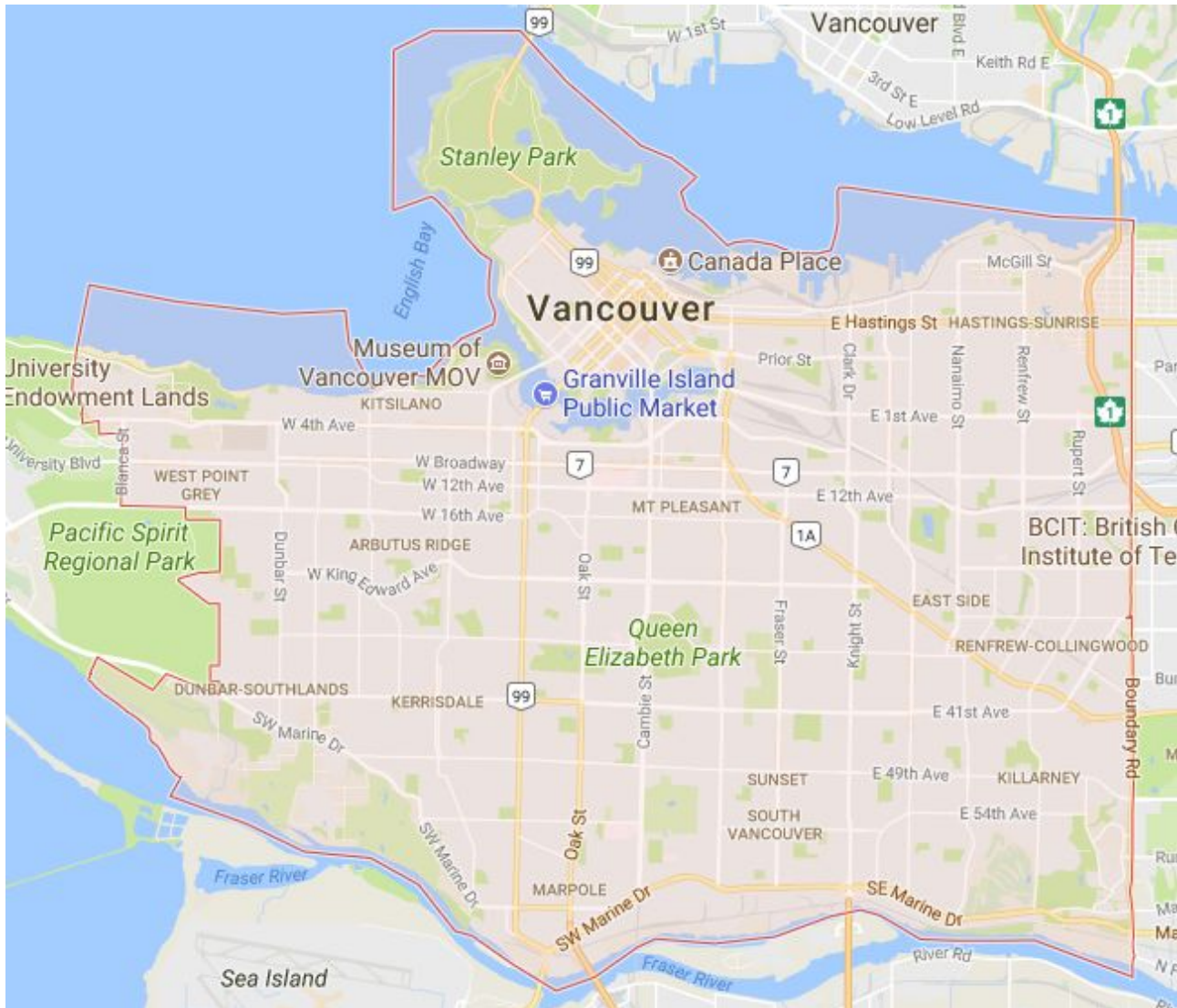
- Strolling or Cycling the Stanley Park Seawall
- Riding the Grouse Mountain Gondola
- Skiing on the North Shore with Amazing Views of the City
- Exploring Granville Island
- Tasting the Best Sushi Around
- and more!

For more information about Vancouver and what it has to offer, check out the Tourism Vancouver website: <https://www.tourismvancouver.com/vancouver/veryvancouver-experiences/>



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## Map of Vancouver







## **Recreation & Entertainment**

### **Granville Island**

In 1979, Granville Island was redeveloped from what used to be an industrial wasteland under the Granville Bridge, into an island of treasures that is a must on any family's list. A 10-minute drive from most downtown hotels, and an easy journey by bus, bike or boat from any part of the city, Granville Island is a-buzz with activity. Take in free live entertainment in the waterfront courtyard. Sample freshly made fudge or warm doughnuts in the Public Market. Wander along beside the houseboats, or chat with authentic fisherfolk.

### **Stanley Park**

Vancouver's green heart is a magnificent 400 hectares (1,000 acres), with much of it dense West Coast forest. Marked trails let families roam through the "jungle" of giant trees. Beaches offer a close up look at all kinds of boats. A playground with a vintage fire engine, a pool and water slides make this one of the city's great escapes.

### **Grouse Mountain, The Peak of Vancouver**

Up, up and away... For real adventure, head for the city's favourite four-season attraction. Board the Skyride and journey to 1,100 metres (3,700 feet) above the City, and marvel at the panorama view. In the summer, you'll find a grizzly bear refuge, the World Famous Lumberjack Show, awe-inspiring Birds in Motion demonstration as well as outdoor activities like hiking, disc golf and ziplining. Pack a picnic, or check out the restaurants in the Chalet. Come winter, Grouse Mountain is a magnet for skiers, snowboarders, ice skaters and snowshoers. Or just sit back and enjoy a sleigh ride followed by a nice warm cup of hot cocoa.

### **Hillcrest Aquatic Centre**

Hillcrest Aquatic Centre - located near Queen Elizabeth Park - has both an indoor and outdoor pool. It is our largest aquatic facility and is part of Hillcrest Centre, a legacy of the 2010 Olympic and Paralympic Winter Games.



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## **Robson St**

Starting at the east end of Robson Street, sports fans will enjoy a visit to BC Place Stadium, home of two of Vancouver's professional sports teams: the BC Lions Canadian Football League team, and the Vancouver Whitecaps—the city's team in the North American professional soccer league, the MLS. Even if it's not game day, check out the BC Sports Hall of Fame, housed within the stadium, with galleries such as those dedicated to the 2010 Olympic Winter Games, the city's professional teams, and hometown heroes like Terry Fox. There's also a sculptural tribute to Fox right outside on the plaza. Head west along Robson and you'll walk past the Coliseum-like Vancouver Public Library, before coming to the iconic Vancouver Art Gallery, which is part of Robson Square. Under the street you'll find a covered event space that hosts ballroom dancing evenings in the summer, and a free, public ice skating rink in the winter.



## Useful websites

BC Hockey	<a href="http://www.bchockey.net">www.bchockey.net</a>
Vancouver Female Ice Hockey Association	<a href="http://vfiha.com">vfiha.com</a>
City of Vancouver	<a href="http://vancouver.ca">vancouver.ca</a>
Tourism Vancouver	<a href="http://tourismvancouver.com">tourismvancouver.com</a>
Translink	<a href="http://translink.ca">translink.ca</a>
Vancouver International Airport	<a href="http://yvr.ca">yvr.ca</a>
BC Ferries	<a href="http://bcferries.com">bcferries.com</a>
BC Highways	<a href="http://drivebc.ca">drivebc.ca</a>
Hotel 1	<a href="https://www.sandmanhotels.com/locations/british-columbia/vancouver-airport/hotels/signature-vancouver-airport-zyvr">https://www.sandmanhotels.com/locations/british-columbia/vancouver-airport/hotels/signature-vancouver-airport-zyvr</a>
Hotel 2	<a href="https://www.sandmanhotels.com/locations/british-columbia/vancouver-airport/hotels/vancouver-airport-yvr">https://www.sandmanhotels.com/locations/british-columbia/vancouver-airport/hotels/vancouver-airport-yvr</a>
Hotel 3	<a href="http://www.marriott.com/hotels/travel/yvrdr-residence-inn-vancouver-downtown/">http://www.marriott.com/hotels/travel/yvrdr-residence-inn-vancouver-downtown/</a>



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## Accommodations

Vancouver Female Hockey is pleased to offer a choice of three host Vancouver hotels that would meet your team's needs. All are active supporters of Female Hockey and in particular the 2018 BC Hockey Female Bantam Tier 1 Championships:

### Hotel 1:

#### Sandman Signature Hotel and Resort Vancouver Airport Room Descriptions and Rates

##### Hotel Overview

Elegance, relaxation, and comfort await you at the Sandman Signature Hotel & Resort Vancouver Airport. Ideal for the leisure or business traveler, indulge in one of our 438 guest rooms or suites and you will be greeted with exceptional services and amenities including complimentary wireless internet access and complimentary coffee and tea in all guest rooms. The Sandman Signature Hotel & Resort Vancouver Airport is just minutes from the Vancouver International Airport and 15 minutes to Point Grey Golf Club. Designed with your needs in mind, our guest rooms are stylishly fresh and contemporary.

**Signature Executive Two Queens** – Guest rooms feature two Sandman Signature Custom Pillow Top Queen Beds, hypoallergenic duvet, and work desk with complimentary high speed internet access, complimentary in-room coffee and tea, flat screen televisions, granite bathroom vanity, hairdryer, "Treatments" bath and body amenities, and private balcony. Maximum occupancy is four people.

**Signature Provincial King** - 1 king bed with pillow-top mattress and premium bedding. Features include sitting area with an armchair and ottoman, 27-inch flat screen TV and marble countertop bathrooms with designer toiletries. 1st floor rooms may have patio onto courtyard pool, 2nd floor rooms may have balcony

	Room Description	
	Provincial Signature King	Signature Premiere Two Queens
Regular Rate	\$299.00	\$299.00
Group Rate	\$149.00	\$149.00

#### Group Reservation Method:

Teams must contact the Sales Manager directly to set up their individual team blocks.

Sean Harris

Regional Sales Manager BC Sports

604 455 2353

[sharris@sandman.ca](mailto:sharris@sandman.ca)



## Hotel 2:

### Sandman Hotel Vancouver Airport Room Descriptions and Rates

#### Hotel Overview

Just five minutes from the Vancouver International Airport and 15 minutes to Point Grey Golf Club, the Sandman Hotel Vancouver Airport offers exceptional quality and value. Complete with high speed Internet access, coffee makers, hair dryers and in-room movies, our 171 guest rooms include kitchenettes, executive, loft and Jacuzzi suites. Enjoy on-site dining and then unwind in the indoor pool and whirlpool and fitness facilities.

**Standard Rooms** – Guest rooms feature one or two beds, and have a maximum occupancy of two people (one bed) and four people (two beds).

**Corporate King Suites** – Guest rooms feature one king size bed, private sitting room area with sofa, efficiency kitchen, and have a maximum occupancy of four people.

	<i>Room Description</i>	
	<i>Standard Rooms</i>	<i>Corporate King Suites</i>
<b>Regular Rate</b>	<b>\$179.00</b>	<b>\$209.00</b>
<b>Group Rate</b>	<b>\$129.00</b>	<b>\$159.00</b>

#### Group Reservation Method:

Teams must contact the Sales Manager directly to set up their individual team blocks.

Sean Harris

Regional Sales Manager BC Sports

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[sharris@sandman.ca](mailto:sharris@sandman.ca)





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### Hotel 3:

#### Residence Inn by Marriott

Group rate is CAD 195.00 plus taxes per night per suite. Rate applicable are for single, double, triple and or quads occupancy.

- Please note that our rates are net, in CAD and current applicable tax is 17.51% (subject to change)
- Our rates include full hot breakfast buffet as well as free Wifi
- Room types: Combination of Suites with two queen beds and suites with queen bed and a sofa bed.

By way of a brief introduction, there are 4 reasons why the Residence Inn Vancouver Downtown would be ideal for your group:

1. Our kitchen suite rooms include complimentary full hot breakfast buffet for two adults, kids are free up to a maximum of 4 in a suite
2. All studio suites have fully equipped kitchens
3. Complimentary high-speed Internet
4. Extensive health facilities with an indoor heated pool and Jacuzzi
5. Convenient location, walking distance to UBC Robson Square conference center, shopping, nightlife, supermarkets and a variety of restaurants to meet everyone's taste and budgets

For more details, I would like to share our new video of our property and trip advisor review with you.

<https://vimeo.com/150437152>

[https://www.tripadvisor.ca/Hotels-g154943-Vancouver\\_British\\_Columbia-Hotels.html](https://www.tripadvisor.ca/Hotels-g154943-Vancouver_British_Columbia-Hotels.html)

### Booking information:

**MATHEW MADDA**

*Senior Sales Manager*

T: 604.601.1234 | D: 604.601.5257

Residence Inn Vancouver Downtown

[1234 Hornby Street](#)

[Vancouver, BC, V6Z1W2](#)

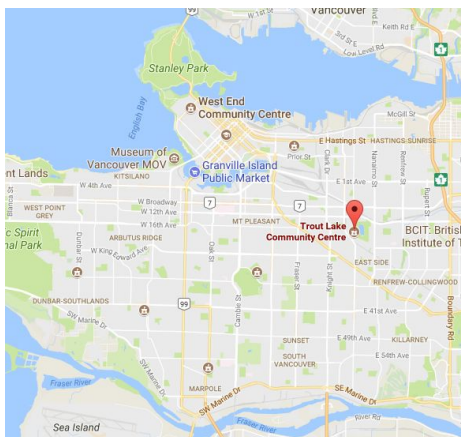
[www.residenceinnvancouverdowntown.com](http://www.residenceinnvancouverdowntown.com)



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## Arena Information

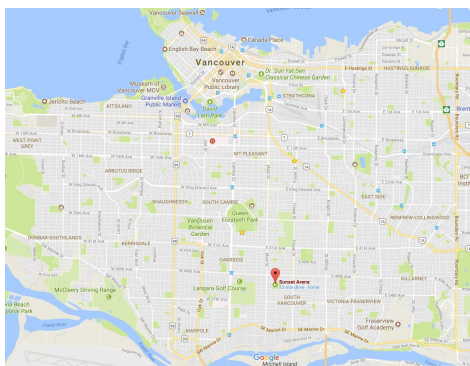
The Championships will be held at these Vancouver Park Board Arenas, with Trout Lake being the primary host arena (All ceremonies will be held at Trout Lake)



**Trout Lake Community Centre**  
3360 Victoria Drive  
Vancouver, BC V5N 4M4  
Phone: (604) 257-6955



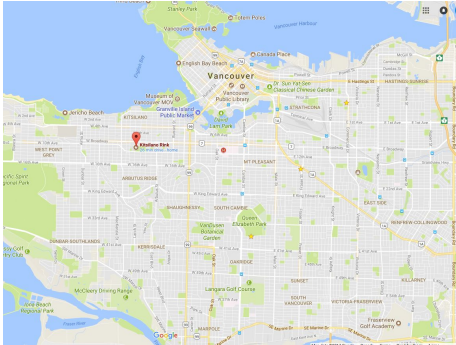
**Killarney Community Centre**  
6260 Killarney St  
Vancouver, BC V5S 2X7  
Phone: (604) 718-8200



**Sunset Arena**  
590 East 51st Avenue  
Vancouver, BC V5X 1C5  
Phone: (604) 718-6517



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Kitsilano Arena  
2690 Larch St  
Vancouver, BC V6K 4K9  
Phone: (604) 257-6976

## Sports Stores and Skate Sharpening

Max Performance Sports  
107 - 223 West Broadway, Vancouver, BC  
Phone: 778-379-4664

Cyclone Taylor  
6575 Oak St, Vancouver, BC  
Phone: 604-266-3316

The Sports Exchange  
2151 Burrard St, Vancouver, BC  
Phone: 604-739-8990

## Drug Stores

London Drugs  
5639 Victoria Drive, Vancouver, BC  
Phone: 604-448-4853

London Drugs  
3328 Kingsway, Vancouver, BC  
Phone: 604-448-4828

Shoppers Drug Mart



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1755 East Broadway, Vancouver, BC  
Phone: 604-872-8451

## Restaurants

### Around Trout Lake Community Centre

Lombardo's Pizza	604-251-2240	1641 Commercial Dr
Via Tevere Pizza	604-336-1803	1190 Victoria Dr
Memphis Blues BBQ	604-215-2599	1342 Commercial Dr
Belgian Fries	604-253-4220	1885 Commercial Dr
Storm Crow	604-566-9669	1305 Commercial Dr
St Augustine's	604-569-1911	2360 Commercial Dr
JJ Bean Coffee	604-254-3723	2206 Commercial Dr
Dolce Amore Ice Cream	604-258-0006	1588 Commercial Dr

### Around Killarney Community Centre

Romers Burger Bar	604-566-9545	8683 Kerr St
Ragazzi Pizza	604-433-2235	2996 East 22nd
Jambo Grill	604-433-5060	3219 Kingsway
Neighbours Restaurant	604-327-1456	6493 Victoria Dr

### Around Kitsilano Arena

Moderne Burger	604-739-0005	2507 West Broadway
Boathouse	604-738-5487	1305 Arbutus St
Rocky Mountain Flatbread	604-730-0321	1876 West 1st Ave
The Eatery	604-738-5298	3431 West Broadway

### Around Sunset Arena

White Spot	604-325-8911	1126 SE Marine Dr
Pink Elephant Thai	604-428-8800	434 SW Marine Dr



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## Medical Services

### Vancouver Hospitals

BC Children's Hospital	4480 Oak Street, Vancouver
Vancouver General	899 W. 12 <sup>th</sup> Avenue, Vancouver
St. Paul's Hospital	1081 Burrard Street, Vancouver



### Medical Walk-in Clinics

Little Mountain Medical Clinic	778-297-4700	4484 Main St
Broadway Station Medical Clinic	604-872-5377	2516 Commercial Drive
Khatsahlano Medical Clinic	604-731-9187	2685 West Broadway





## Shopping Districts

Vancouver is a shopper's paradise, with numerous neighbourhoods touting distinct retail experiences. Below are our favourite shopping districts to explore, whether it's for fashion and accessories, gifts and souvenirs, or arts and crafts.

### Chinatown

Vancouver's Chinatown brings together old and new. You'll be shopping among long-time locals picking up some specialty ingredients and Asian vegetables for tonight's dinner, as well as the young and hip ducking into independent boutiques. The main shopping streets in Chinatown are East Pender Street, and then the rectangle formed by Pender, Main, Keefer and Gore. You'll find everything from ginseng to green tea, fine embroidered linens, silk robes, exotic fresh produce plus traditional Chinese tableware and cooking utensils. Natural apothecaries and herbalists abound in Chinatown, and it's the best place in Vancouver to buy freshly-prepared Asian delicacies from moon cake to roasted duck. But along East Pender Street, west of Main, you'll also find a number of cool new stores that break the Chinatown mould, selling skateboard decks, vintage clothing, cocktail sets and club wear.

### Commercial Drive

Known as "The Drive" to locals, this unique shopping district is just a 10-minute drive or ride on the SkyTrain from downtown. The main shopping strip is on Commercial Drive between Broadway (9th Avenue) and Venables Street to the north. Unofficially known as "Little Italy," this community also has its fair share of bohemian influence, so you'll be strolling alongside dreadlocked artists and Italian grandpas. The shopping reflects this mix as well: expect some fantastic European food emporiums filled with cheese, freshly made pasta and charcuterie. But also expect plenty of places to purchase bongo drums, incense and beaded curtains. Somewhere in the middle is the sweet spot, where you'll find locally-designed fashion, eco-friendly homewares and quirky gifts.

### Davie Village

The residential area to the south of the downtown core, the West End's shopping tends to be focused around Davie Village, the heart of which is at Davie and Bute streets and it radiates out from there. This is also the heart of Vancouver's gay and lesbian community, so expect a diverse mix of residents shopping among the ubiquitous rainbow flags and pink bus shelters. The shops in this lively neighbourhood mainly cater to the everyday needs of the local residents



(read: there are plenty of grocery stores), but you'll also find cool bookstores, adult shops, and fashionable clothing boutiques.

## **Downtown**

The downtown blocks bordered by Burrard, Howe, Hastings and Georgia streets is a surprising treasure trove of unique stores, high-end fashion retailers and invaluable services. The area is right by the financial district, so you'll find that many of your fellow shoppers are business-types on their lunch break and people grabbing a gift or bouquet after work. It's very close to many of the downtown Vancouver hotels as well as the cruise ship terminal at Canada Place, making it a convenient area to shop if you're limited on time. The Waterfront Centre Shops offer a great mix of fashion, plus services like a post office, drug store, ATM machines, newsstands and souvenirs, making it the perfect destination for one-stop shopping.

## **Granville Street**

The downtown portion of Granville Street, from the waterfront on the north side of the peninsula south to the Granville Bridge is arguably the city's most important thoroughfare. As a main artery for many of the public buses, this area sees a lot of foot traffic at all times of the day, which has lured plenty of big retail names. Undoubtedly, the biggest shopping draw on Granville Street is the Pacific Centre mall, anchored by three department stores including Canada's high-end Holt Renfrew, and the upscale Nordstrom from the U.S. The mall runs three city blocks, much of it underground, and specializes in fashion brands. Outside of the mall, you'll find other retail shopping as you head south along Granville, mainly clustered from Georgia to Smith. Your best bets are big brand fashions, but there are also a few spots to pick up consumer electronics as well.

## **Granville Island**

A pedestrian-friendly, picturesque peninsula, Granville Island is the perfect place to combine cuisine, culture and shopping. Many locals will head down the famous public market to pick up ingredients for dinner, especially on Saturdays and Sundays, and it's also a favourite shopping spot for the city's chefs. With so many artisan studios and theatres on the island, you'll also find yourself shoulder-to-shoulder with the city's creative types. If you want to take home a taste of Vancouver or Canada, this is the place to pick up smoked salmon, preserves, teas, B.C. wines, and other culinary souvenirs. If arts and crafts are more your thing, wander Railspur Alley and the Net Loft building across the market to shop one-of-a-kind crafts, many of which are created on the premises. If you have some little ones in your life, make sure to check out the Kids Only market for fantastic gift ideas.



## **Gastown**

Long known for its mother-lode of souvenir shops, in recent years, Gastown has emerged as a hotspot for fashion boutiques, modern homewares and gifts. In fact, some of the city's coolest independent casualwear studios can be found around this area, so you'll find the city's young and beautiful come to browse the boutiques along with the visitors making a quick stop for vacation mementos. For souvenirs, Water Street, the neighbourhood's main shopping thoroughfare is your best bet: you'll find all of the greatest hits including t-shirts, coffee mugs, and postcards. But make sure you check out some of the excellent First Nations galleries where you can pick up aboriginal art to take home. Explore beyond the cobblestones and antique street lamps, and delve into the side-streets like Abbott and Carrall, and a street back on Cordova, and that's where you'll find the locals. Whether they're picking up gifts for their hipster friends, buying a new pair of jeans or cocktail dress from a Vancouver designer, Gastown is where they head.

## **Kerrisdale**

Kerrisdale's shopping area is known to many as the "village." It's only 20 minutes from Vancouver's downtown, but the older, gracious homes along this neighbourhood's quaint tree-lined streets set the tone for a relaxed, gentler shopping experience. The commercial district is on West 41st Avenue between Maple and Larch streets, as well as a couple of blocks along West and East boulevards where they intersect 41st Ave. There, you'll find diverse shops and services that cater to the well-heeled locals, from boutiques and jewellery stores, to gourmet food and flowers, and plenty of cafes to take a break along the way.

## **Kitsilano**

In the 1960s, Kitsilano was Vancouver's hippy hangout, but these days the counter-culture has been replaced by urban professionals and young families who are drawn to the beachside neighbourhood's slightly slower pace. The shopping action in Kits is split between West Fourth Avenue and West Broadway, and both offer a slightly different experience. Closer to the water, West Fourth, primarily from Balsam to Burrard, is where you'll find most evidence of the hippy past with yoga wear retailers (including Vancouver's own lululemon), organic markets, and outdoor adventure outfitters, along with great fashion options. Over on West Broadway, from Trafalgar to Alma, the stores have more of an independent, European vibe, which is fitting as this area is also known as "Greektown." Broadway boasts some excellent bookstores, delicatessens, and a smattering of boutiques. Both shopping stretches are well worth a stroll.

## **Punjabi Market**

One of Vancouver's smaller shopping neighbourhoods, the Punjabi Market is still worth a visit for its unique nature. As the heart of the City of Vancouver's large Indo-Canadian community, Punjabi Market's commercial strip runs about five blocks centred around the intersection of



Main Street and 49th Avenue. You find members of the community shopping with their kids and grandchildren for silky fabrics, glittering jewelry, and exotic groceries, all of which make great souvenirs for visitors as well.

### **Robson Street**

Vancouver's most popular shopping street, Robson is where most visitors find themselves when the shopping bug hits. This is where you'll find all of the big North American brands, as well as some local fashion chains, mixed in with souvenir stores, beauty outlets and unique gift stores. Retail activity is concentrated from Seymour to Jervis, intersecting Granville Street with access to Pacific Centre along the way. Serious shoppers will find plenty to love about Robson, but even window-shoppers will enjoy the frenetic energy, and people-watching in this district.

### **South Granville and Shaughnessy**

On the south side of the Granville Bridge is the South Granville shopping district, which stretches up to West 16th Avenue. Sitting on the edge of the upscale Shaughnessy neighbourhood, the stores in the area are appropriately high-end to suit the tastes of their well-heeled local clientele. Rubbing shoulders with the ladies-who-lunch, you'll find exclusive European designers, furniture and homeware stores, and gourmet grocery stores. But the unique draw for many is the concentration of art galleries along the strip. Spend an afternoon gallery hopping, and you'll see a diverse cross-section of styles, from traditional Canadian landscapes, to modern Asian sculpture and contemporary aboriginal pieces.

### **South Main Street**

Main Street is known to many locals as where the city's hipsters congregate, but it's a whole lot more than that. If you're going to for the shopping, hit the stretch between 8th Avenue and King Edward Avenue (which is 25th Avenue), although if you're looking for a longer stroll, there are still plenty of interesting stores up to 33rd Avenue. Slightly lower rents in this area mean that you'll find a lot of young families along with the cool kids, which tempers the abundance of cutting edge boutiques with practical amenities. This shopping district has long been known for its antique shops, but it's even better for vintage and consignment fashions. This area, especially the northern part, has also become the centre of the city's growing craft beer scene, perfect for rewarding yourself with a post-shopping brew.

### **Yaletown**

A former industrial area, Yaletown's brick warehouses have been converted into hip clothing stores, modern designer furniture outlets, spas and galleries. The neighbourhood is filled with converted loft spaces and gleaming condo towers, attracting urban professionals and tech workers. The shopping is concentrated in the four blocks bordered by Davie, Homer, Nelson and Mainland, and you'll find plenty of chic locals browsing stores alongside you. There are also



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plenty of restaurants and cafes with appealing patios for taking a long lunch before hitting the stores again.





## Transportation Information

Vancouver roads follow a grid pattern for the most part, with numerical Avenues running West-East, while major roads run North-South.

Public Transit is abundant, and is largely comprised of Skytrain lines, along with frequent Bus service. The Expo line runs from Downtown Vancouver, through Burnaby, New Westminister, and terminates in Surrey. The Canada Line runs from Downtown Vancouver to Richmond & YVR Airport. The Millennium Line runs from Broadway-Commercial station in Central Vancouver, through Burnaby, Port Moody, and terminates in Coquitlam.

The BC Ferries Horseshoe Bay Terminal is located 20 minutes away in West Vancouver.

The Vancouver International Airport is located just to the South of Vancouver, approx 15 minutes away.